Patient's Home Healthcare Guide





WELCOME TO SIGNATURE HEALTH SERVICES

Signature Health Services is the premier home health care provider in the Greater Houston area and across southeast Texas. Signature has delivered pioneering home health care to more than twenty-five thousand homebound patients for nearly 30 years, earning Medicare's coveted 4.5-star rating for patient satisfaction and quality of patient care, and a 100% Compliance rating from the State of Texas.

OUR MISSION

SIGNATURE HEALTH SERVICES BRINGS INNOVATIVE HEALTH CARE AND HEALING HOME.

Signature takes your fears, complications, and challenges and pieces you back together, customizing your holistic health care plan. We empower you to navigate and understand your medical disease or condition, enhancing the quality of your life. We are committed to helping restore your dignity, autonomy, and optimal health, wherever you call home.

OUR SERVICES

SKILLED NURSING CARE • CERTIFIED NURSE'S AIDES
OCCUPATIONAL THERAPY • PHYSICAL THERAPY
SPEECH LANGUAGE PATHOLOGY • MEDICAL SOCIAL WORK

OUR INSURANCE PARTNERS

Medicare
Medicare Advantage Partners:

- Devoted Health
- Humana Insurance

- United Healthcare TRS
- Wellcare

HOW TO QUALIFY



Be homebound

(unable to leave without considerable and taxing effort)



Require skilled care



Be under the care of a physician

OUR AWARD-WINNING TEAM

Signature Health Services features the top-tier of experienced, empathetic skilled nurses and therapists. We bring comfort, education, treatment, and healing to you at home. Our dedicated team serves with expertise and passion every day.

We carefully recruit and screen only the best candidates with outstanding credentials. Rely on the skill, care, and peace of mind that our dedicated team brings to you.

Trust our History. Trust our Team. Trust Our Results.



Skilled • Compassionate • Experienced

OUR CLINICAL EXPERTISE

Signature's skilled nursing and therapy services encompass disease management, education, treatment, and self-empowerment for many medical needs, diseases, and conditions.

Neurological: Dementia, including Alzheimer's, Head Injury, Neuropathy, Paralysis, Parkinson's Disease, Seizure, Stroke, TIAs

Endocrine System: Diabetes, Thyroid disorders

Cardiovascular: Congestive Heart Failure (CHF), DVT, Heart Attack (MI), Hypertension, Peripheral Vascular Disease (PVD)

Respiratory: Bronchitis, Emphysema, Pleural Effusions, Pneumonia, Pulmonary Disease (COPD)

Skin: Arterial Ulcers, Burns, Diabetic Ulcers, Complicated/Non-healing Wounds, Surgical Incisions/Wounds

Musculoskeletal: Arthritis, Balance Problems and Falls, Joint Replacement, Muscle Atrophy, Weakness

Immunology: Chron's, Fibromyalgia, Gout, Lupus, MS, Rheumatoid Arthritis

Hematologic/Blood: Anemia, Cancer,

Clotting Disorders

Gastrointestinal: Colitis, Clotting Disorders, Feeding Disorders, Gastric Ulcers

<u>Infectious Diseases</u>: Flu, MRSA, Other System Infections, Viral Pneumonia, including Covid-19

Genitourinary: BPH, Incontinence, Prostatitis, Urinary Retention/Foley Care

<u>Limbs and Organs</u>: Amputation, Organ Transplantation

Renal System: Chronic Kidney Disease, Kidney Transplant, Renal Failure (ESRD)

Skilled Nursing Services:

Comprehensive Wound Treatment & Management

Burns

Complicated/Non-healing Wounds Diabetic/Venous Statis/Arterial Ulcers/Pressure/Decubitus Ulcers

Chronic Disease Treatment & Management

Cancer Care, Support, & Transition Congestive Heart Failure (CHF) Ischemic Heart Disease COPD Dementia Depression Diabetes Hypertension Parkinson's

Medication, Education, & Management

Anti-coagulation Medications
B-12 Injections
Heart Failure Infusions
Immunoglobin Infusions
Osteoporosis Medications
Other Infusions & Injections
Nutritional Feedings, TPN, Enteral (Tube)
Feedings

Other Nursing Services:

Foley/Indwelling Catheter Management
Implantable Devices' Care: Central Venous
Catheter, LVAD, Ports, PICC
Infectious Disease Management
Ostomy Care
Pleural Drainage System Care
Telemonitoring
Tracheotomy Care

Licensed Therapy Services:

Activities of Daily Living Training (eating, bathing, getting dressed, toileting, transferring, and continence) **Activity Modification & Adaptive Equipment Training Assistive Device Training Balance and Safety Training** Cardiac Rehabilitation Care After a Fall **Cognitive Training Gait & Balance Training Home Safety Evaluation/ Fall Prevention Individualized Home Exercise Program Occupational Health Training** Orthopedic Rehabilitation **Pulmonary Rehabilitation Speech and Swallowing Training** Strength and Mobility Training **Stroke Rehabilitation Vestibular Rehabilitation Therapy**

—— HERE'S WHAT OUR PATIENTS ——— SAY ABOUT SIGNATURE HEALTH SERVICES

Signature Health Services has been like a lifeline for me. I would recommend their services to anyone in need of health care services. –Delores Godfrey

My nurses and physical therapist are fantastic – kind, respectful, patient, helpful, taking time to listen to me. Everyone who came from Signature Health Services was very professional, very positive, and encouraging. –Mary Himmelman

I am so glad I had to change home care services. I did not realize I wasn't getting the best care possible until I switched. Signature always has nurses ready to help answer any concerns. –Eileen Stachmus

This was a very rewarding experience. Everyone was very professional, kind, gentle and knew just what to do to get great results. Thanks to Signature, I can work with my new knee without limping, for the first time in years. Thank you for your wonderful health care program and your very knowledgeable caregivers. – Janet Corman

This care was fantastic. The people were kind and very caring. They were focused on my needs. I would recommend Signature to anyone in need. –Curtis Knox







FREQUENTLY ASKED QUESTIONS

Q: WHO are Signature's home health care professionals?

A: Signature provides outstanding in-home patient care from our well-educated, well-trained, and licensed Registered Nurses (RN), Licensed Vocational Nurses (LVN), and Certified Nurses' Aides (CNA).

Signature also boasts the best in skilled and licensed physical therapists, licensed physical therapy assistants, licensed occupational therapists, and licensed speech language pathologists for a more robust recovery. Trained and experienced Medical

Social Workers are also available should the need arise.

To build team excellence, we carefully screen our nurses and therapists to ensure that only the top-tier of skilled and caring candidates are selected to represent us and to deliver the expertise that you deserve —and we champion. We focus on building and maintaining excellence and integrity through close supervision, in-house training, and mandatory continuing education programs.

Q: WHAT services can Signature's nurses and therapists provide?

- A: Our clinical professionals provide you with regular monitoring, skilled interventions, treatments, disease and medication education, and customized care.
 - Signature's team of skilled nurses and therapists educate you about your disease or condition by using "how to" booklets and oral instruction.
 - Our skilled, experienced nurses specialize in caring and treatment for a wide range
 of diseases and conditions at home, including wound care, cardiac rehabilitation,
 and cancer care. (Please refer to Clinical Expertise to see a partial range of our core
 specialties, or visit our Specialties page on the website.)

Our licensed therapists conduct home safety evaluations to help you avoid balance issues and prevent falls.

• Our therapists also provide guidance and hands'-on physical therapy, teaching you how to move, exercise, and perform safely with functional or modified independence.

Q: WHERE does Signature provide its treatment and services?

A: We meet you in the comfort of your own home, family member's home, or an assisted living facility. We help keep you out of the hospital. We service the Greater Houston area, and seven surrounding southeastern Texas counties.

Q: WHY choose Signature Health Services?

A: We build excellence in our teams and our care. Our almost 30 years of deep and broad

experience, quality of care, and compassion are Signature's hallmarks.

Our Team - Signature's highly skilled nurses and therapists function as one, to bring state-of-the-art care to you through compassionate and attentive care, advanced customer service, cutting-edge technology, and personalized disease management programs. We provide the education and resources you need to be in the driver's seat of your health care and recovery.

Integrity - We listen to you and respect your input when developing a successful care plan. We closely monitor your condition and progress, communicating regularly with your

medical providers, and family or caregiver, to meet your changing medical needs.

Excellence - Our patients currently rate us in the top 10% of home health care agencies, both in Texas and nationally. Through ongoing patient surveys and professional analysis, we regularly evaluate our services to improve the way we deliver the best in home health care. Our expertise and dedication to helping you succeed makes up the Signature Difference, and make Signature Health Services the best choice for your home health care needs.

Q: HOW can I start receiving Signature's home health care services?

A: Call= today, 24/7, at 1-800-277-8291. Peace-of-mind living at home begins with a single phone call.

OUR HISTORY

IN 1995, IN BAYTOWN, TEXAS, A DEDICATED.

COMMUNITY-MINDED

REGISTERED NURSE—DETERMINED TO BE THE BEST IN HOME HEALTH CARE—STARTED HER OWN HOME HEALTH CARE AGENCY.
HER FOCUS, COMMITMENT, AND PASSION FOR SKILLED NURSING,

EXCELLENT & EMPATHETIC

PATIENT CARE, AND ADVOCACY FOR PATIENTS, AND STAFF, ARE ONLY A FEW OF THE MANY ATTRIBUTES THAT HAVE HELPED TO ESTABLISH SIGNATURE HEALTH SERVICES AS THE

PREMIER HOME HEALTH CARE AGENCY

IN SOUTHEAST TEXAS.

Signature began with a big dream and primarily served rural Houston, with only 4 nurses and one therapist, a staff of 7, and one patient. Almost 30 years later, Signature has evolved to host a professional staff of 71, featuring more than 35 full-time, highly qualified, in-service nurses and 50 licensed therapists, delivering the best in compassionate and pioneering home health care throughout the Greater Houston area and across seven surrounding counties. Signature Health Services' achievements have been widely recognized, garnering Medicare's coveted 4.5 rating for patient satisfaction and quality of patient care. Signature has partnered with over 4,000 physicians and delivered exceptional home health care to more than 25,000 satisfied patients. We welcome you as our next patient!

For more background information, please visit signaturehealthservices.net/about-us

OUR CORE VALUES

Building \rightarrow Excellence \rightarrow Integrity \rightarrow Teamwork with you and your physician, as we provide exceptional home health care to you.

Building =

Embracing uniqueness and diversity
Setting goals and measuring outcomes
Creating a framework for tomorrow

Excellence =

Establishing high expectations

Making a difference with every encounter

Staying dedicated when no one is looking

Integrity =

Standing for what's right
Following-through on commitments
Being a responsible steward

Teamwork =

Uniting people, their talents, and efforts
Together, trusting, committing, and supporting
Igniting passion, vision, solidarity

EVERY MOMENT, WE CHOOSE TO #BEIT



Call Signature Health Services 24/7 at 1-800-277-8291 or fax to 1-866-379-1971

606 Rollingbrook Drive, Suite 2F Baytown, TX 77521

For more information, please visit signaturehealthservices.net, or email us at

Connect with us! **f** O **in**









