## PATIENT'S HOME HEALTH CARE GUIDE







# WELCOME TO SIGNATURE HEALTH SERVICES

Signature Health Services is the premier home health care provider in the Greater Houston area and across southeast Texas. Signature has delivered pioneering home health care to twenty-five thousand homebound patients for over 25 years, earning Medicare's coveted 4.5-star rating for patient satisfaction and quality of patient care, and a 100% Compliance rating from the State of Texas.

### **OUR MISSION**

Signature Health Services brings innovative health care and healing home! We are committed to changing your perception of where the best health care can be delivered and achieved. We know that your physical and emotional health are nurtured and enriched just by being at home. We meet you where you are to enhance your well-being. We believe that education and an understanding of your disease or medical condition empower you to selfmanage and gain independence. We design a personalized and results-driven treatment plan with you and your physician, making the best health care accessible at home.

#### **OUR SERVICES**

SKILLED NURSING CARE · CERTIFIED NURSE'S AIDES OCCUPATIONAL THERAPY · PHYSICAL THERAPY SPEECH LANGUAGE PATHOLOGY · MEDICAL SOCIAL WORK

We welcome you as our next patient! Call Signature today at  $1{-}800{-}277{-}8291$ 

### OUR INSURANCE PARTNERS

- Medicare
- Aetna Medicare Replacement
- Devoted Health
- Humana Insurance
- Humana 2 PFFS

- Humana-TRS
- United Healthcare Medicare
- Wellcare of Texas
- Workers' Compensation

### HOW TO QUALIFY



considerable and taxing effort)

**Require skilled care** 



Be under the care of a physician

### **OUR AWARD-WINNING TEAM**

Signature Health Services features a top-tier team of experienced, empathetic, skilled nurses and therapists. We bring comfort, education, treatment, and healing to you. Our dedicated team serves with passion every day.

We carefully recruit and screen only the best candidates with outstanding credentials. Rely on the skill, care, and peace of mind that our dedicated team brings to you.

#### Trust our History. Trust our Team. Trust Our Results.



## Skilled • Compassionate • Experienced

### **OUR CLINICAL EXPERTISE**

Signature's skilled nursing and therapy services encompass disease management, education, treatment, and self-empowerment for many medical needs, diseases, and conditions.

<u>Neurological</u>: Dementia, including Alzheimer's, Head Injury, Neuropathy, Paralysis, Parkinson's Disease, Seizure, Stroke, TIAs

Endocrine System: Diabetes, Thyroid disorders

<u>Cardiovascular</u>: Congestive Heart Failure (CHF), DVT, Heart Attack (MI), Hypertension, Peripheral Vascular Disease (PVD)

<u>Respiratory</u>: Bronchitis, Emphysema, Pleural Effusions, Pneumonia, Pulmonary Disease (COPD)

<u>Skin</u>: Arterial Ulcers, Burns, Diabetic Ulcers, Complicated/Non-healing Wounds, Surgical Incisions/Wounds

<u>Musculoskeletal</u>: Amputations, Arthritis, Balance Problems and Falls, Joint Replacement, Muscle Atrophy, Weakness

#### **Skilled Nursing Services:**

Comprehensive Wound Treatment & Management

Burns Complicated/Non-healing Wounds Diabetic/Venous Statis/Arterial Ulcers/Pressure/Decubitus Ulcers

Chronic Disease Treatment & Management

Cancer Care, Support, & Transition Congestive Heart Failure (CHF) Ischemic Heart Disease COPD Dementia Depression Diabetes Hypertension Parkinson's

Medication, Education, & Management

Anti-coagulation Medications B-12 Injections Heart Failure Infusions Immunoglobin Infusions Osteoporosis Medications Other Infusions & Injections Nutritional Feedings, TPN, Enteral (Tube) Feedings <u>Immunology</u>: Chron's, Fibromyalgia, Gout, Lupus, MS, Rheumatoid Arthritis

<u>Hematologic/Blood</u>: Anemia, Cancer, Clotting Disorders

<u>Gastrointestinal</u>: Colitis, Clotting Disorders, Feeding Disorders, Gastric Ulcers

Infectious Diseases: Flu, MRSA, Other System Infections, Viral Pneumonia, including Covid-19

<u>Genitourinary</u>: BPH, Incontinence, Prostatitis, Urinary Retention/Foley Care

Limbs and Organs: Amputation, Organ Transplantation

<u>Renal System</u>: Chronic Kidney Disease, Kidney Transplant, Renal Failure (ESRD)

#### Other Nursing Services:

Foley/Indwelling Catheter Management Implantable Devices' Care: Central Venous Catheter, LVAD, Ports, PICC Infectious Disease Management Ostomy Care Pleural Drainage System Care Telemonitoring Tracheotomy Care

#### Licensed Therapy Services:

Activities of Daily Living Training (eating, bathing, getting dressed, toileting, transferring, and continence) Activity Modification & Adaptive Equipment Training Assistive Device Training Balance and Safety Training Cardiac Rehabilitation Care After a Fall **Cognitive Training** Gait & Balance Training Home Safety Evaluation/ Fall Prevention Individualized Home Exercise Program Occupational Health Training Orthopedic Rehabilitation Pulmonary Rehabilitation Speech and Swallowing Training Strength and Mobility Training Stroke Rehabilitation Vestibular Rehabilitation Therapy

#### Please Call Us For Any Need Not Listed At 1-800-277-8291

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Signature Health Services has been like a lifeline for me. I would recommend their services to anyone in need of health care services. –Delores Godfrey

My nurses and physical therapist are fantastic – kind, respectful, patient, helpful, taking time to listen to me. Everyone who came from Signature Health Services was very professional, very positive, and encouraging. –Mary Himmelman

I am so glad I had to change home care services. I did not realize I wasn't getting the best care possible until I switched. Signature always has nurses ready to help answer any concerns. –Eileen Stachmus

This was a very rewarding experience. Everyone was very professional, kind, gentle and knew just what to do to get great results. Thanks to Signature, I can work with my new knee without limping, for the first time in years. Thank you for your wonderful health care program and your very knowledgeable caregivers. –Janet Corman

This care was fantastic. The people were kind and very caring. They were focused on my needs. I would recommend Signature to anyone in need. –Curtis Knox





**Centers for Meidcare & Medicaid Services** 





### **FREQUENTLY ASKED QUESTIONS**

#### Q: WHO are Signature's home health care professionals?

**A:** Signature provides outstanding in-home patient care from our well-educated, well-trained, and licensed Registered Nurses (RN), Licensed Vocational Nurses (LVN), and Certified Nurses' Aides (CNA).

Signature also boasts the best in skilled and licensed physical therapists, licensed physical therapy assistants, licensed occupational therapists, and licensed speech language pathologists for a more robust recovery. Trained and experienced Medical Social Workers are also available should the need arise.

To build team excellence, we carefully screen our nurses and therapists to ensure that only the top-tier of skilled and caring candidates are selected to represent us and to deliver the expertise that you deserve – and we champion. We focus on building and maintaining excellence and integrity through close supervision, in-house training, and mandatory continuing education programs.

#### Q: WHAT services can Signature's nurses and therapists provide?

A: Signature Health Services helps you navigate the maze of disease management and treatment, and assists you in making a seamless transition to your home setting. Our nurses educate you about your medications, your condition or disease, and coordinate your care with your family, caregiver, your doctor, and other medical professionals overseeing your health care. We provide a wide-range of customized treatments for your disease or condition as ordered by your physician.

Our skilled nurses are qualified to perform a wide range of nursing services. We provide both oral guidance and "how to" booklets to educate you about your disease or condition. Our nurses deliver premium homebound care to adults, seniors, the chronically ill, disabled, recently hospitalized, and cognitively impaired patients.

Our therapists provide home safety evaluations and skilled intervention to help you perform safely with functional or modified independence. Our team of nurses and therapists provide you with personalized care, a link to the outside world, and companionship.

#### Q: WHERE does Signature provide its treatment and services?

**A:** Our clinical professionals provide you with skilled interventions, treatments, education, and personalized care in the comfort of your own home, family member's home, or an assisted living facility. We thereby help keep you out of the hospital and give you options other than placement in a nursing home or a long-term care facility.

We service the Greater Houston area and seven southeastern Texas counties.

#### Q: WHY choose Signature Health Services?

**A:** Like our **Core Values say, we build excellence in our teams and your care**. Our 25 years of deep and broad experience, quality of care, and compassion are Signature's hallmarks.

**Our Team.** Signature's highly skilled nurses and therapists function as one to bring state-of-the-art care to you through compassionate and attentive care, advanced customer service, cutting-edge technology, and personalized disease management programs. We provide the education and resources you need to put you in the driver's seat of your health care and recovery.

**Integrity.** We listen to you and respect your input when developing a successful care plan. We closely monitor your condition and progress, communicating regularly with your medical providers, and family or caregiver, to meet your changing medical needs.

**Excellence.** Our patients currently rate us in the top 10% of home health care agencies, both in Texas and nationally. Through ongoing patient surveys and professional analysis, we regularly evaluate our services to improve the way we deliver the best in home health care. Our expertise and dedication to helping you succeed comprise the **Signature Difference**, and make Signature Health Services the best choice for your home health care needs.

#### Q: HOW can I start receiving Signature's home health care services?

A: Call Signature Health Services today, 24/7, at 1-800-277-8291. Peace-of-mind living at home begins with a single phone call.

### **OUR HISTORY**

#### IN 1995, IN BAYTOWN, TEXAS, A DEDICATED, COMMUNITY-MINDED

REGISTERED NURSE - DETERMINED TO BE THE BEST IN HOME HEALTH CARE - STARTED HER OWN HOME HEALTH CARE AGENCY. HER FOCUS, COMMITMENT, AND PASSION FOR SKILLED NURSING,

### **EXCELLENT & EMPATHETIC**

PATIENT CARE, AND ADVOCACY FOR PATIENTS AND STAFF, ARE ONLY A FEW OF THE MANY ATTRIBUTES THAT HAVE HELPED TO ESTABLISH SIGNATURE HEALTH SERVICES AS THE

### PREMIER HOME HEALTH CARE AGENCY IN SOUTHEAST TEXAS.

Signature began with a big dream and primarily served rural Houston, with only 4 nurses and one therapist, a staff of 7, and one patient. Over 25 years later, Signature has evolved to host a professional staff of 71, featuring more than 35 full-time, highly qualified, in-service nurses and 50 licensed thera-pists, delivering the best in compassionate and pioneering home health care throughout the Greater Houston area and across seven surrounding counties. Signature Health Services' achievements have been widely recognized, garnering Medicare's coveted **4.5-star rating for patient satisfaction and quality of patient care**. Signature has partnered with over 4,000 physicians and delivered exceptional home health care to more than 25,000 satisfied patients. We welcome you as our next patient!

For more background information about Signature, please visit signaturehealthservices.net.



**B** = Building –Our skilled, experienced, and compassionate nurses, therapists, and staff are available 24/7 to address your needs, always treating you as a VIP. We build strong partnerships with you, your physicians, clinics, and hospitals to seamlessly deliver home health care and help you realize your best health outcome.

 $\mathbf{E}$  = Excellence –We expect excellence. Excellence is not only an achievement; it is an attitude. We strive to meet and exceed your expectations and those of your physician. We invest in our team through close oversight, continuing education, evidence-based practice treatments, rigorous training and delivery. We consistently communicate and collaborate with you and your health care providers to ensure preeminent home health care.

I = Integrity –We are dedicated to working with professionalism, trustworthiness, candor, and respect. We take pride in our commitment to monitor and work with you as we deliver award-winning home health care. We help empower you to understand your condition and self-manage at home, while providing you with dignity and peace of mind.

T = Teamwork – Signature features a bilingual team of highly skilled, experienced, and accomplished professionals. We listen to and respect you. We select the best candidates after carefully screening our nurses and therapists to ensure that only the top-tier of expert, caring professionals are qualified to represent us and deliver the excellence that you deserve, and we champion.

#### Let Signature **#BEIT** For You!

Delivering exceptional home health care to the Greater Houston area and these seven southeast Texas counties:



Trust Signature Health Services to provide awardwinning home health care to you or your loved ones.

Call Signature Health Services 24/7 at 1-800-277-8291 or fax us at 1-866-379-1971 606 Rollingbrook Drive, Suite 2F Baytown, TX 77521

For more information and helpful articles about your health care, please see our website at signaturehealthservices.net, or email us at information@signaturehealthservices.net

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